

SEMI PERMANENT MAKE-UP

by Bella Terry

aftercare information

LASHES

TAKING CARE OF YOUR LASHES...

- ♥ Avoid sun/sunbeds
- ♥ Avoid getting your lashes wet for the first **24 hours** (do not brush your lashes if they are wet, wait until they dry!)
- ♥ Use oil free products on or near your lashes
- ♥ Remove make up around your eye with a cotton swan or SPMU by Bella brush
- ♥ Do not rub or pick at the extensions! Book a soak off appointment to remove, do not pick out! (available to book online)
- ♥ Brush your lashes daily

CLEANING YOUR LASHES

Using the SPMU by Bella lash aftercare kit...

- ♥ Shake bottle well before using
- ♥ Pump cleansers once on to each eye
- ♥ Softly clean the lid and lash line with the brush
- ♥ Allow 5 minutes for your lashes to dry
- ♥ Brush the lashes through carefully in to place

Recommendations:

Clean your lashes at least 2 – 3 times a week or every day if have oily skin or wear make-up regularly.

Patch test the cleanser/solution before use.

For more information or advice get in touch at spmubybella@gmail.com

Shop the aftercare kits at www.spmubybella.com

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BROWS

TAKING CARE OF YOUR BROWS...

- ♥ Apply the balm every hour straight after the procedure
- ♥ Apply the balm every morning and evening for 2 weeks
- ♥ Avoid getting the eyebrow area wet for the first 10 days (*this includes sweating ie. Gym, facials, sunbeds, sauna etc*)
- ♥ Maintain facial hygiene and avoid make up on the eyebrow area
- ♥ DO NOT pick at the scabs
- ♥ After 2 weeks since the procedure, apply sun cream on your eyebrows daily to avoid the colour lifting
- ♥ In the first 30 days avoid sun/sunbeds, chemical peels, botox, creams that contain regeneration factors and laser treatments around the treated area

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LIPS

TAKING CARE OF YOUR LIPS...

- ♥ Apply a small amount of the balm every morning and every evening after the procedure for 2 weeks
- ♥ First 2 days wipe twice a day with micellar water
- ♥ After the treatment avoid food or drinks that contain colouring substances. (red wine, coffee, turmeric, carrots and beetroot, hot drinks)
- ♥ Avoid for the next 3 days, *sweating ie. Gym, facials, sunbeds, sauna etc*
- ♥ If you suffer from cold sores, visit your doctor or take Valtrex / Acciclovir medication
- ♥ In the first 30 days avoid sun/sunbeds, chemical peels, botox/ filler, creams that contain regeneration factors and laser treatments around the treated area, whitening teeth.
- ♥ Always apply sun block on your lips once healed.

The first session is considered to be the testing session / base colour. The pigment is applied under the skin meaning our body reacts by wanting to reject the pigment. If you do not follow the strict aftercare information this may affect your healing process.

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